

OPTIONS- Gel Manicure or Gel Pedicure (permanent color gel application over natural nails- toes or hands)

PREP

- spray each nail with Nail Prep and wipe well with terry towel
- apply cuticle softener (Orly- Cutique) to each cuticle
- with metal cuticle pusher gently, but firmly push back the cuticle and scrape off any skin from the nail
- again spray each nail with Nail Prep and wipe with towel
- remove the shine from the natural nail using 240 grit file or white block
- dust each nail with a synthetic brush
- with cotton saturated with Nail Prep wipe each nail well (paying attention to sidewalls)
- apply Sure Bond (non acid primer) sparingly to each nail and let it dry to chalky white surface

APPLICATION

- apply thin/medium coat of **Base'N Gloss** . Cure 2 min. Remove the inhibition layer with Gel Cleaner.
- apply 1 thin coat of **Option Color** gel. (If using dark color the gel can look little streaky at this point, that's normal) Cure 2 min.
- apply another thin coat of Options Color. Cure 2 min.
- apply a medium coat of Base'N Gloss. Cure 2 min.

FINISHING

- with cotton saturated well with Gel Cleaner wipe all 10 nails. The nails and the surrounding skin should never feel "sticky"
- apply cuticle oil

COLOR REMOVAL

- to remove Options Color gel first simply buff the surface of the gel. Then apply on the gel a pad saturated in **Soak Off** and wrap the nail in alluminum foil (or plastic wrap). Leave for 10-15 min. Remove the foil and scrape the gel off using orangewood stick or cuticle pusher.

**** do not overcure Options gels. Curing longer then 2 min might result in dull finish.*